

Govie Leadership Summit

2020 Vision: Unity in the Community

It's time to register for the summit!

Registration is open to 7th grade - 12th grade students within the twin cities.



Visit <https://www.govieleaders.com/register> and register for your **FREE** day of workshops with local leaders in our community. The following pages of this guide will introduce you to our keynotes and session presenters.



This summit is for 7-12 grade youth leaders, organized by Govie Leaders.



Breakfast & Registration

8:00-8:50

Welcome

9:00

Keynote

9:10

Session #1

9:45

Session #2

10:45

Lunch

12:00

Open Space Technology

12:45

Harvest

1:45

Closing Ceremony

2:15

Summit Essentials

With 16 sessions and over 20 presenters, you can personalize your leadership growth at our summit.

Whether joining us on your own or with a school group, we believe you belong here! From 8:00-8:50 we are offering you a warm breakfast. After breakfast, we'll set the tone for the day with a welcome message and keynote speakers, Funny Asian Women Collective. Throughout the day you'll attend 2 sessions, eat lunch, and practice organizing around issues that are important to you. Leadership is a verb!


Location: Johnson Senior High, 1349 Arcade Street, St. Paul, MN 55106.

Transportation: We are located on Metro Transit Route 64 (Payne - Maryland - White Bear Ave - Maplewood).

Session Categories

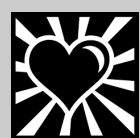
1

COMMUNITY ISSUES



2

SELF LOVE



3

BUILDING TOWARDS UNITY



Meet our Keynote Speakers:

Funny Asian Women Kollektive FAWK -was founded by award-winning artists Naomi Ko, May Lee-Yang, and Saymoukda Vongsay to combat the invisibility and dehumanization of Asian Pacific Islander American women. FAWK uses comedy to talk about controversial issues such as race, misogyny, white supremacy, and sexual health.



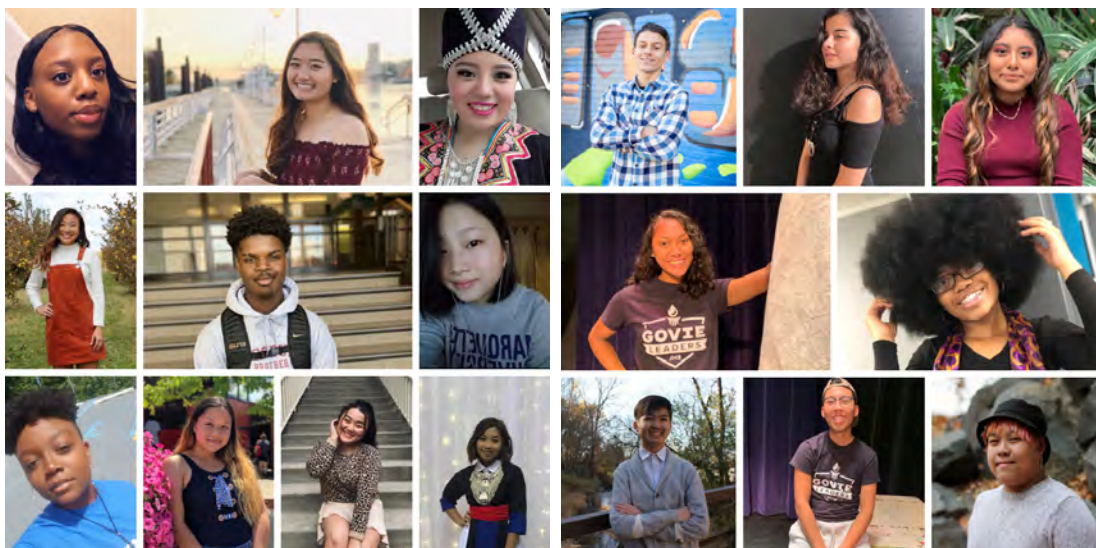
Naomi Ko



Saymoukda Vongsay



May - Lee Yang



Anytime you see the microphone, you are supporting student voice. That session is lead by St. Paul Public School Students.

Check them out!





Community Issues

Human Trafficking

Presenter: Kadra Isse, Hakimo Gabow, and Micraj; Harding High School



Session Description: Our goal of the session is to inform students, staff, and our community about the dangers of human trafficking and how to avoid it. We hope you walk away feeling more educated and safe:)



Immigration and Separation of Families

Presenters: Angelina Losoya & Jessica Sosa; Harding High School



Session Description: Participants will learn about current immigration issues and family separation through hands-on learning activities and personal stories, and they will also learn about the current immigration going on in our community.



Race Swapping in comics and entertainment

Presenter: Niko Hall, Harding High School



Session Description: Does the the comics and entertainment industry REALLY care about racial representation in the media it creates? In my session I will give examples and lead discussions around the belief that these media companies are only interested in making money off of minorities and trends.

Removing Toxic Relationships

Presenter: Valerie Yang Govie Leader



Session Description: What is a toxic relationship? How do you know when you're in a toxic relationship and how do you handle it? During this session we will discuss upon the meaning of toxic relationship whether that's family, friends or significant other, etc. Finding self worth, ways to end a toxic relationship, positive self affirmation. Feel free to come and reach out for help, you are not alone!

Can you feel me? Creating empathy to become a better leader and communicator

Presenter: Eric Colchin, Johnson Govie Leaders

Session Description: Empathy is the ability to understand and share feelings of another. Empathy can be developed and strengthened and in the process you can get more done with your teams and have productive and clear communications with others. In this breakout session you will learn how empathy can help you become a better leader and communicator. We will be using improvisation games and exercises to build our relating skills and have some good tools that you can take away and start being an empathetic leader today!

Dance To Heal

Presenter: Leanna Browne

Session Description: This workshop will use dance as a way to further connect with ourselves and each other in community with one another. Through improvisational exercises, writing, and reflection, we will explore our personal stories through movement. Likewise, drawing on different dance forms such as Umfundalai, a contemporary African dance technique, we will utilize dance to rediscover ourselves.



Self Love

Body Positivity

Presenter: Erin Tetter, Christina Keller, Precious Yang, & Lilly Lopez - Harding High School



Session Description:

Why do we still body-shame one another even though there are plenty of cultural messages about the impact of these behaviors? Participants will discuss statistics, impacts, and experiences of body-shaming to gain a better understanding of how it works and why we need to stop doing it.



Understanding Thy Self

Presenter: Takawi Peters, Pink Salt Sisterhood

Session Description:

In this workshop, students will learn about the connection between our mind, body, and spirit. I will teach about the seven chakras, an Eastern view of the body, and students will be invited to explore how their identity is influenced, inspired, or compromised by their families, friends, and communities they live in. The aim of this workshop is to instill the value of developing personal power and love for the self and the objective is to provide self-care guide that will foster personal growth. This workshop will be a combination of lecture, free-writing, and voluntary group sharing.



I want to Dance with Somebody!

Presenter: Val "I am Zumba"

Session Description: Ready dance and have some fun? Join me for AfroKaribe Dance Fit! This an amazing low-intensity and high-intensity interval-style, calorie-burning, total body dance fitness party. AfroKaribe Dance Fit is for all levels and no dance experience needed. Learn moves to Afrobeats, Caribbean and World rhythms. It's way too much fun to be a work out!



Clapback @ Microaggressions

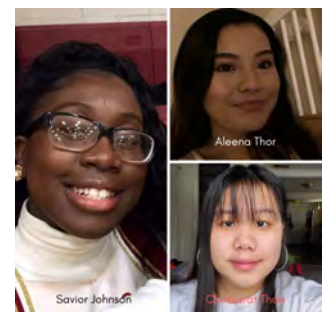
Presenter: FAWK

Session Description: "The Clapback Workshop is a skill-building workshops designed to empower marginalized peoples' voices to combat microaggressions. The artistic goals for the workshops are:
 1.To improve participants' abilities to create and participate in a performance/theatrical piece to tell their story.
 2.To help participants increase their knowledge or gain a better understanding of performing comedy and improvised work.
 3.To help participants gain a better understanding of "microaggressions" and how to use performance art to address them."

Finding Self Love

Presenters: Savior Johnson, Aleena Thor, Chindarat Thao

Session Description: Our goal of this session is to share and learn with others different ways how to find our self love. We plan to do this through a discussion based session.



Embracing the Skin I'm In

Presenters: Francheska Cordero & Cierra Carter -
Govie Leaders



Session Description: Join the leaders of Unchained for an interactive session focused on self and community healing. We will use art to create a space for claiming our stories. We look forward to sharing with you.



Building Towards Unity

Project Advocacy and Intervention

Presenter: Asma Mohammed; Reviving the Islamic Sisterhood for Empowerment RISE

Session Description: America is changing. As people of multiple, intersecting identities we are faced with a special challenge: rising up against hate. This workshop is for those who want to advocate for themselves and build power against oppression, but want to take the first step in understanding their own place and their "why". Attendees will explore their own stories, their identities, and will use these newfound understandings to find their places in movements. We will also learn how to intervene in situations of injustice using bystander intervention techniques.

What's Good, Man? In Search of Healthy Masculinity

Presenters: Guante & Tony the Scribe

Session Description: What does it mean for men to take a more active role in the struggle for gender equity? What kind of work can we do on our own to unlearn some of the harmful ideas about manhood that are spread by media, peers, and beyond, and ultimately become better allies? Join Kyle "Guante" Tran Myhre and Tony the Scribe, the hosts of the podcast, "What's Good, Man?" for an interactive discussion and resource-share about these questions and more.

The Abridged Social Justice Dictionary

Presenters: SEEMOREPERSPECTIVE

Session Description: Center compassion and community while developing a common language to identify and deconstruct injustice. Through a reflective round table of conversation and Hip Hop, we'll develop a context for better understanding power, oppression, and coalition building.

"Label Activity" Stereotypes and social Treatment

Presenter: Lori Vang -Harding High School

Session Description: A hands-on activity for participants to experience and witness the impact of different assumptions and judgments society leads us to make about the people around us and ourselves.



Youth: Leaders of TODAY, Not Tomorrow

Presenter: Donte Curtis; Catch your Dream Consulting

Session Description: Have you heard 'youth are the leaders of tomorrow'? Do you cringe because you know that you are a leader today?! Join us for this highly interactive workshop as we look at the historic change young people have made in the past 60 years and celebrate the change you are making in your community and school today. We will also think about what makes the phrase 'leaders of tomorrow' problematic and often puts a divide between adults and youth. Together we will push against this negative narrative and think about how adults and youth can be in leadership together.



Student LGBTQ+ Queers & Allies

Presenters: Johnson High School Students



Session Description: On February 14th SPPS sent 10 Johnson High School students to Washington, DC for a Human Rights Campaign Conference to support the LGBTQ+ community. Join us for an interactive panel discussion on our transformational relationship with the student LGBTQ+ community and what impact it has on Johnson High School.



Register for your spot at
www.govieleaders.com
 Registration closes March 4th



Questions about the summit?

We're happy to help you plan your visit!

Email govieleaders@gmail.com or kurt.rukim@spps.org